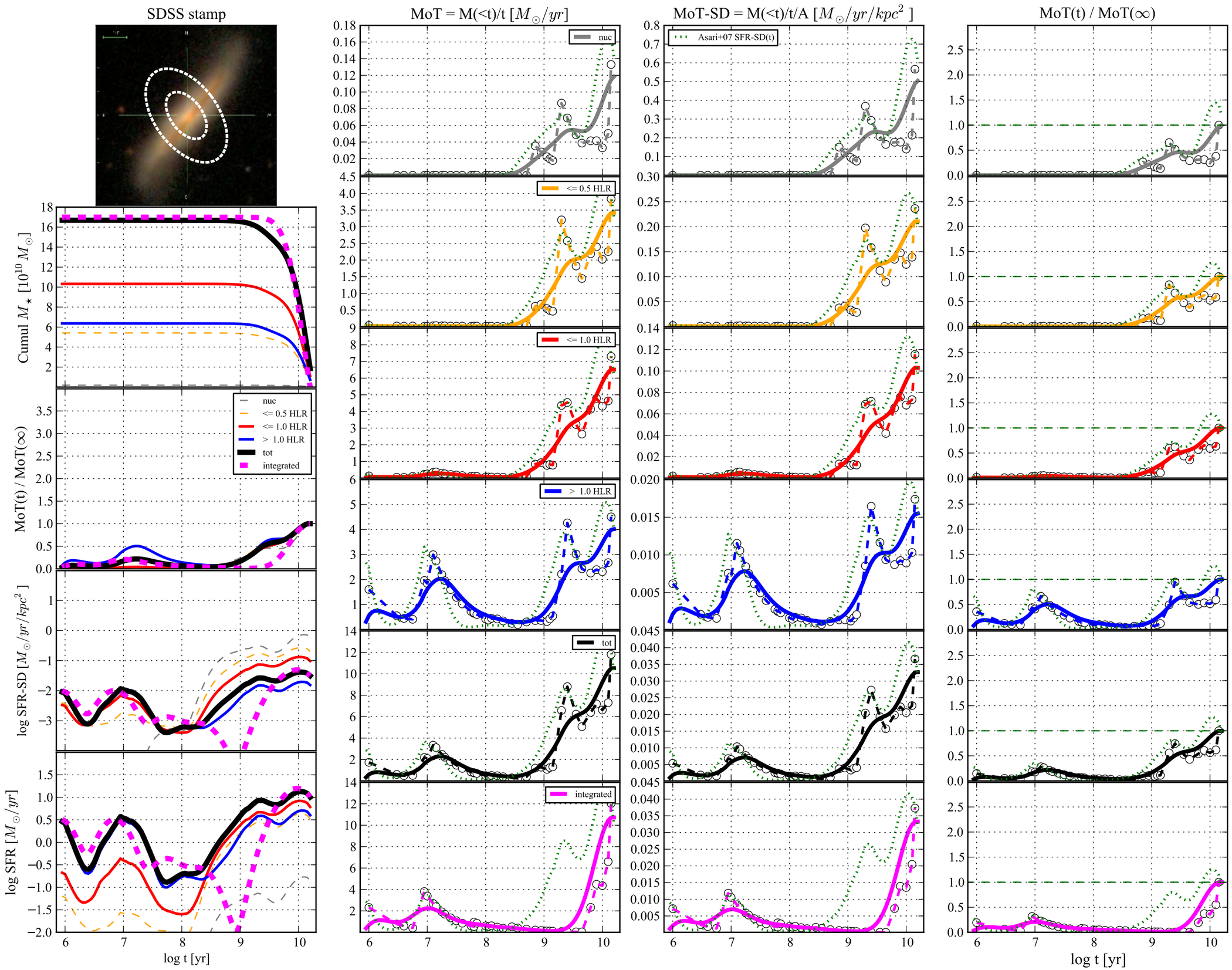[Fig03] MoTs & SFRs 4 discussion || K0319 0.3.6 d13c512 w/base Bgsd01 || FWHM=0.5dex ; ΔR=1.0 pix || NGC3160